

Nursing Practice and Health Care

Patient's Care and Nursery in Modern Medicine

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Abstract

A great proportion of healthcare efforts is a modern challenge. The promotion of the quality and diversity of medical nursing is as important as doctorial areas for patient's recovery and survivals until now. Nursing activity may be expected with growing academic notification and respect (economic and career benefits) globally. This editorial addresses parts of these medical challenges and highlights their possible trends in the future.

Keywords

Healthcare; Nursing; Medical service; Modern technology; Mathematicians; Psycho-analysis

Introduction

Importance

Today, a half of major diseases are chronic diseases. Their recovery processes are not defined in operation-room (surgery), but getting better in the bedside (therapeutic conventions-drugs, nutrition and instruments) -including nursery process (physical or spiritual assistance). A great proportion of healthcare efforts for a chronic or dying patient in a general hospital are both doctors and nursing [1-6]. Any unilateral activity may lead to therapeutic compromise.

Major Efforts and Categories

Medical care and nursing play critical roles on patient's recovery and disease controls. The promotion of the quality and scope of medical healthcare and nursing activity is as important as doctorial efforts until now. However, currently, nursing activities in hospitals does not receive enough academic notification and economic respects globally. This editorial addresses parts of these medical challenges and highlights into new trends.

Major Disease and Relevant Nursery

There is no nursery knowledge that can be applied on every medical discipline. In the past educational system, nursery education was regarded as uniformity. Nursery work is commonly considered as sub-ordinary and less important. In this stereotypic mindset, nurse may be placed everywhere. This leads to slow progress of nursery science discovery and developments (Table 1).

Disease types	Major targets
Infection	Body temperature, isolation and so on
Obstetric	Child, mother, Fetus observation
Mental disorders	Psychiatric, neurology, cognitive, depression, excite
Cancer	Chronic body recovery and emergency
Metabolic disease	Food and exercise assistance
Orthopedics	Immobile and osteoporosis
Cardiovascular	Blood pressure, electrocardiography and angiography
Handicaps	Limb/foot, blind, deaf and speechless
Pediatric	Helping-hands for the children
Gastro-intestinal	Bleed and digests

Table 1: A general picture of nursery services for major diseases

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Current Scenarios

Current norm of patient's care and nursing are provided by doctors and facility of different hospitals. Little attention is given to many specific or individualized patients. System developments for these services are neglected in most hospitals. This difference requires efforts from both doctors and patients. Hospitals provide nursery services according to their own mindset. Some patients who have some peculiar custom may greatly affect by uniform nursery systems. In our opinion, medical care and nursing should be targeted to every patient. Individualized nursing should be established in the future.

Central Topics

Salary promotion

Entering into this millennium, technical and education for nurses increase dramatically. However, the income of these healthcare service (nursery items) increases slowly. Loss of motivation and commitments from experienced nurses and talents are common phenomenon. The nurse's physical requirement is no less than many types of doctors. Adequate economic increase of healthcare providers and nurses is important and indispensable. Cost balance between doctors' diagnosis/prescription and patients' nursing activity will be a future challenge.

Grading technical position

Grading for nurse's activity and technical positions in hospitals may be an effective policy for keeping up the quality of patient's care and getting back of health care talents. Most doctors are commonly too busy to take care of patients in each detail and regulatory monitor. We must respect the nurses and assistant work. Without nursery services, maximizing patient's care will be an un-attainable goal.

Future Directions

Teamwork in modern medicine

Therapeutics in the future is no longer a performance and decision-making by doctors alone [7,8]. Many technical or assistance forces will take part of medical practice for quality boosting-including pharmacologists, pathologists, biochemical technologists, nurses, mathematicians and many others. Without the assistance of these experts, clinical doctors will be narrow-minded and difficult to execute best therapeutics for all patients. This modern trend is unavoidable and eventually improving globally.

In summary, different types of nursery play key roles in clinical trials, especially chronic diseases, such as HIV/AIDS treatments [9], mental diseases [10-13], bone disorders [14-17], metabolic diseases [18-23], cancers [24-25] and so on.

Conclusion

Patient's care and nursery play important roles for patient treatments and recovery. In order to promote these kinds of medical and technical work, new policy and creative ideas must be implemented in the future. To conclude, we must respect these kinds of medical services and promote them into new levels.

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